



PYSD | Preventing Youth Sport Dropout

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Co-funded by the
Erasmus+ Programme
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Preventing Youth Sport Dropouts (PYSD)

*Short presentation of the project
Guidelines to the testing phase for coaches and
parents*

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What is PYSD?

PYSD is an European project aiming at encouraging social inclusion and equal opportunities in sport, fighting the early abandons of sport activities by the teenagers.

PYSD was promoted by four partner from Italy, Spain, Bulgaria e Serbia: one municipality, two sport associations and one research institute in sport

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Who is PYSD addressed to?

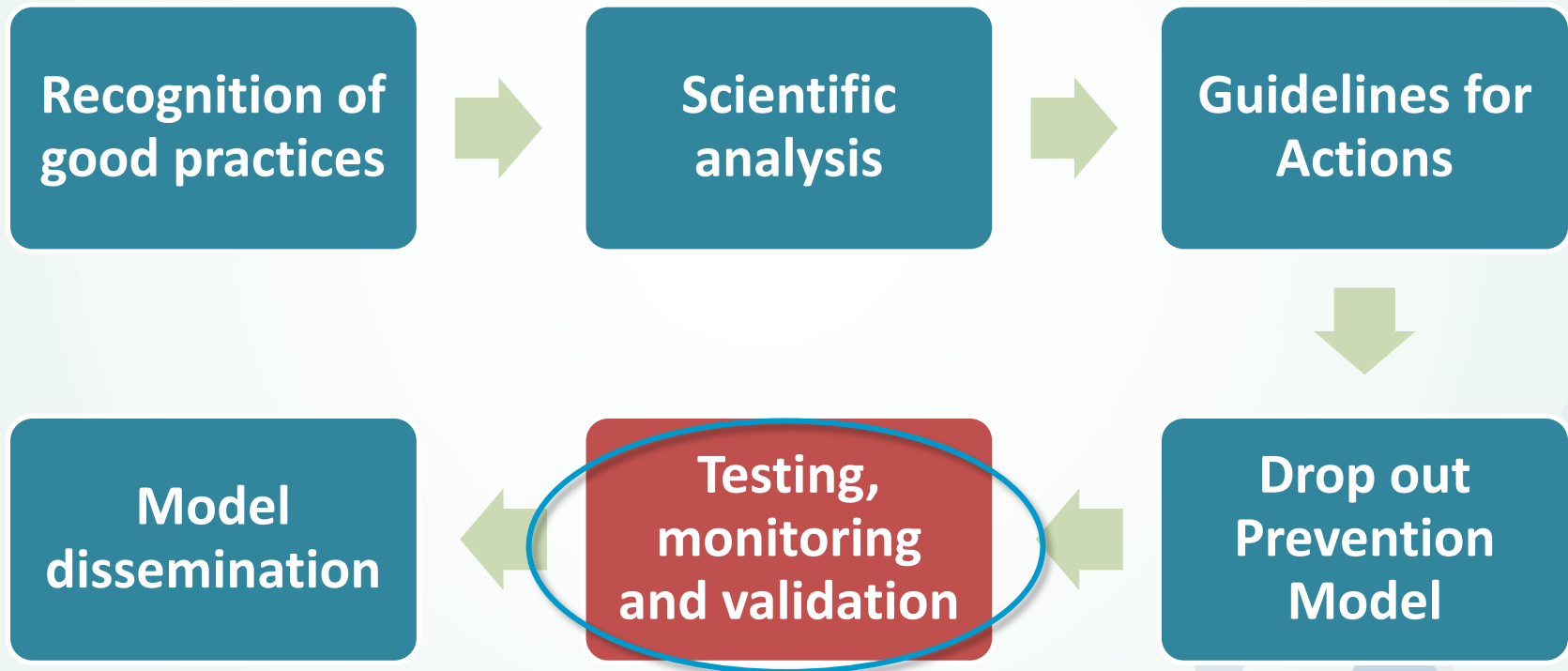
- 1) **YOUNG PEOPLE | 11 to 15 YEARS OLD**
- 2) **COACHES**
- 3) **PARENTS AND FAMILIES**
- 4) **INSTITUTIONS**

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Which actions PYSD is carrying on?

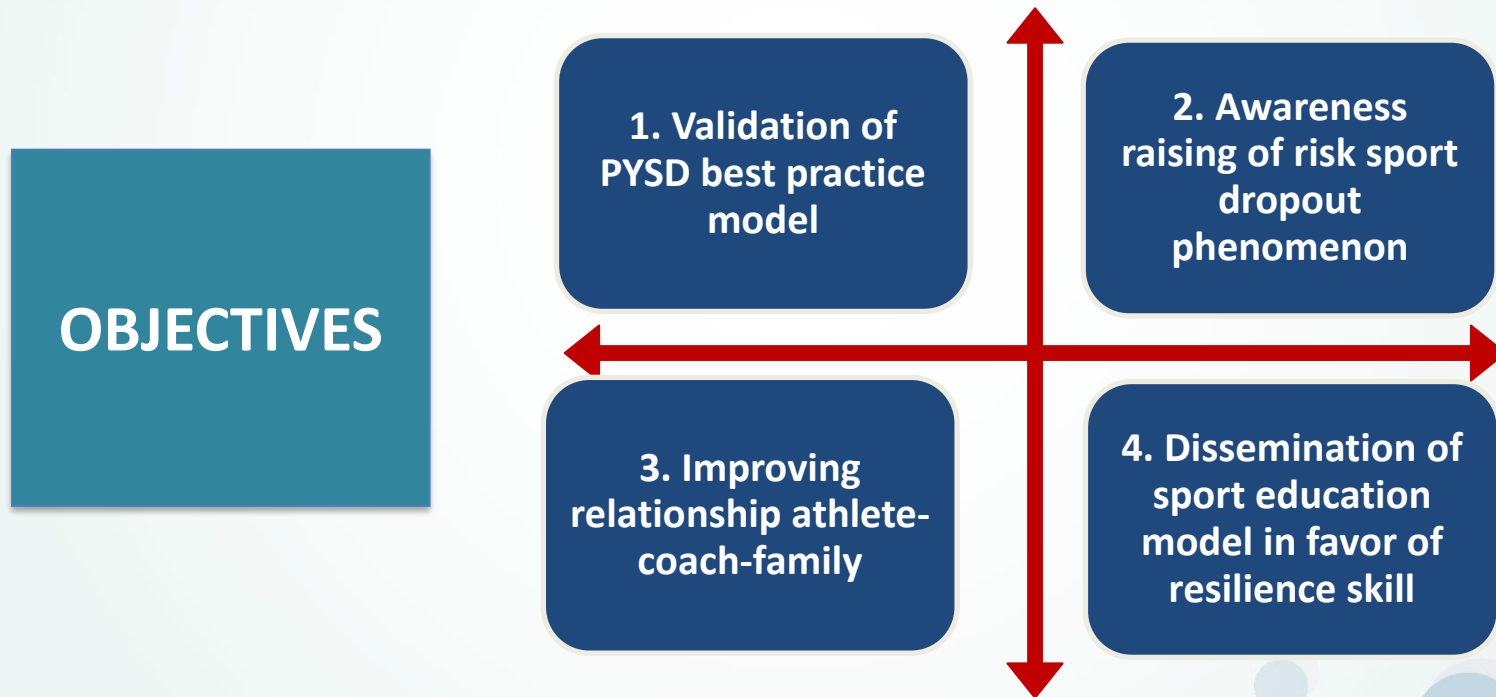


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Testing and monitoring phase



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Testing and monitoring phase

In case of **coaches....**

What we want to investigate/measure?



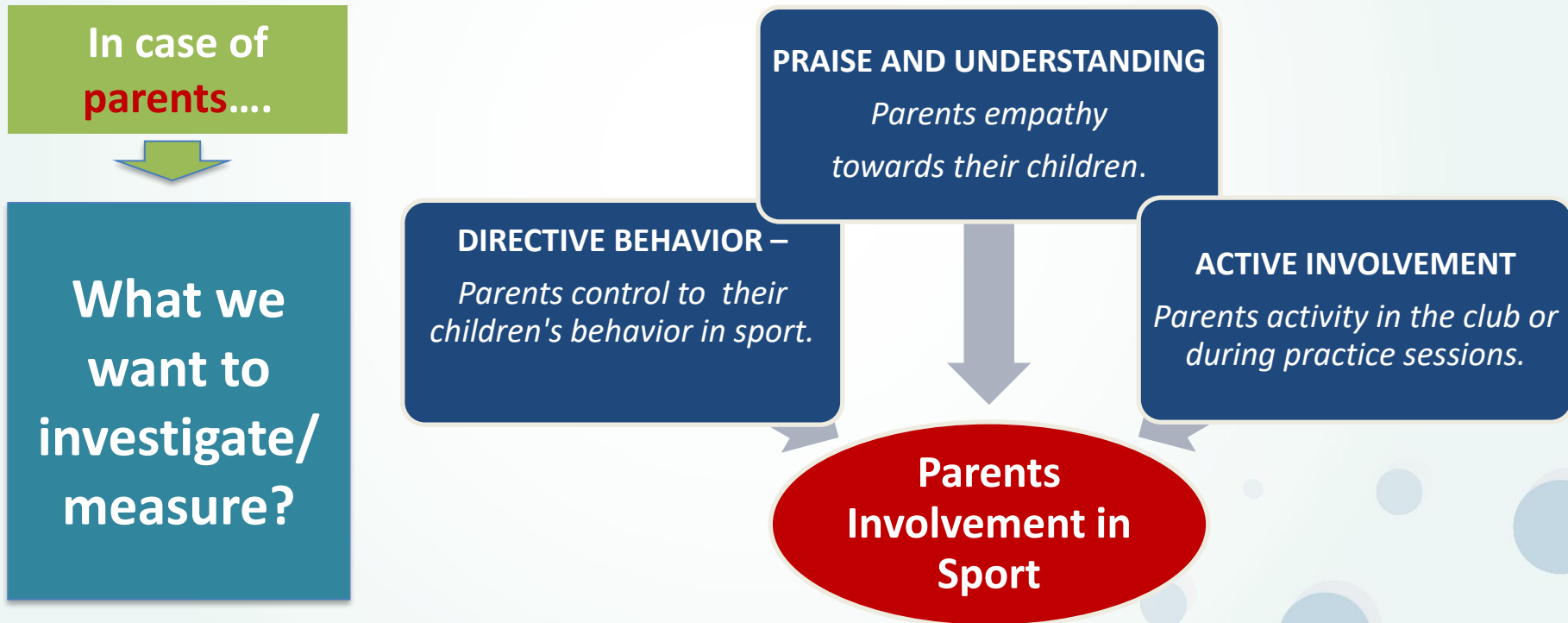
***Resilience**=attitude to face life challenges and problems. A good level of resilience is assumed to be one of the main factors to fight against dropout

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Testing and monitoring phase



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Testing and monitoring phase

People involved
for each partner
country (at least)

**20
YOUNGSTERS**



20 PARENTS



3 COACHES



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Are you a coach?

What you
should
do?

Apply and test the
list of suggested
actions for a 3
months period

Fill in a short
questionnaire to
demonstrate the level
of application of the
different actions

To repeat the test
once a month for 3
months

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Are you a coach?

When
applying
the
proposed
actions?

During the training



Before or after the training



Whenever you think is the right moment
to involve the youngsters

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Are you a parent?

What you
should
do?

Apply and test the
list of suggested
actions for a period
of 3 months

Fill in a short
questionnaire to
demonstrate the level
of application of the
different actions

To repeat the test
once a month for 3
months

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Are you a parent?

When
applying
the
proposed
actions?

Before or after your children training



At home



Whenever you think it is the right
moment to involve your children

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***For Information
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